

Product Description: Mental Motivation Success Deck

The Success Plan is a deck of forty cards creating a one-day-at-a-time structured program that will help move you towards your goal. The Success Plan uses the time honored principles from successful people - and keeps you motivated, day in and day out, until your dreams are realized.

Some of the tasks are challenging, and some are unique, but each has a deep meaning, that when mastered, will change your life forever. Here are some card examples:

GASOLINE CARD

Write down a list of the people you talk to and the things you listen to, read, or watch in a day. Next, list them in order of how positive and motivated those activities make you feel.

Now, give each entry a rating based on how much time you are spending on it.

Begin to organize your activities in such a way that you increase the % of time spent on activities having positive experiences.

COPYCAT CARD

Think about the exceedingly successful people throughout the world. Focus in on one in particular and picture them working on a project. Pretend they just ran into a really challenging situation.

1. List what specific tasks they would do to overcome the challenge.
2. List what you think they would be thinking.
3. List how they motivated themselves.
4. List what they would say.

STRENGTH CARD

1. Make a list of reasons why you are going to reach your goal.
2. List what strengths/qualities you have that will help you succeed.
3. List what strengths/qualities you think you need to improve, in order to escalate your success.
4. For each item listed in #3 come up with an improvement plan.
5. For each item listed in #3 write an affirmation statement indicating that you are already proficient in these areas. Example: "I am great at selling people on my ideas!"
6. Post these affirmations in a prominent location.
7. Read affirmations often.

After you have completed the tasks on the forty cards you will be far along on the path to success. You will shuffle the deck and continue to use the program for even more effective results in expanding your current goal, or use the program for help in reaching other goals.

Used in conjunction with the Success Deck, the Exceed With Purpose workbook will help you to organize the tasks from the Success Plan cards and easily work your plan and track your progress.

To create more and greater success in your life, you will want to use our Exceed with Purpose Coaching services. Our mission is to help you achieve excellence in your life by helping you identify and maximize the development of your talents, providing you a structured approach that will help move you towards your goals, while providing you the support and accountability necessary for you to work your plan and exceed your goals with purpose.